GENERAL LEVEL YOGA WORKSHOP





Wendy McGuire

at IY Yoga Studio, Tooting Saturday 27th October 2018 2:00pm-5:00pm - **£35**

We are delighted to welcome back Wendy to teach a general level workshop open to all students with at least one year of regular practice.

Email us or visit our studio to secure your place!

Places are limited - Book now!

Wendy is an experienced yoga teacher, qualified to Senior Level 2, who has been practising lyengar Yoga for 35 years.

Wendy's lively teaching style and infectious enthusiasm for Iyengar Yoga inspires beginners and more experienced students alike.

"Students and friends often ask me how yoga has changed my life. It is impossible for me to answer that question - yoga is part of my life". — Wendy McGuire





@IYYogaStudio



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