

GENERAL LEVEL YOGA WORKSHOP



with
**Indira
Lopez-Bassols**

at **IY Yoga Studio, Tooting**

Sunday 13th May 2018
11:00am - 2:00pm – **£35**

This general level workshop is open to students of all levels, except complete beginners, and is also ideal for students who have never done a workshop before but are ready to deepen their practice.

Places are limited – Book now!

Indira is a Junior Intermediate Level 3 teacher and has been teaching for over 15 years. She has also completed the Remedial/Therapy Training and has studied with the Iyengar family in Pune. Her teaching style is precise, warm and supportive and she is dedicated to helping people reach their full potential through the practice and study of yoga.

Email enquiries@iyyoga.com or enquire within the studio to book your place.



Iyengar Yoga Studio | Tooting | London



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