

# GENERAL LEVEL YOGA WORKSHOP



with  
**Annie  
Rossi**  
at IY Yoga Studio, Tooting

Saturday 10th June 2017  
2:00pm-5:00pm – £35



This general level workshop is open to students of all levels, except complete beginners, and is also ideal for students who have never done a workshop before but are ready to deepen their practice.

**Places are limited – Book Now!**

Annie holds a Junior Intermediate Level 3 certificate. She is particularly interested in how yoga improves energy flow through the body, which enhances wellbeing. Annie is committed to the ongoing study of Iyengar yoga to improve her knowledge and practice.

*"The more Iyengar Yoga you do the better you feel and the more fascinating it becomes."*  
— Annie Rossi

 **IY YOGA**  
Iyengar Yoga Studio | Tooting | London

 @IYYogaStudio  
 Iyengar Yoga Studio Tooting



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