

GENERAL LEVEL YOGA WORKSHOP



with
**Anne
Lawless**

at IY Yoga Studio, Tooting

Sunday 25th March 2018

11:00am-2:00pm – £35



This general level workshop is open to students of all levels, except complete beginners, and is also ideal for students who have never done a workshop before but are ready to deepen their practice.

Places are limited – Book Now!

Anne is a Junior Intermediate Level 1 teacher and has been teaching regularly at the studio since 2008. Anne's aim is to make her classes relevant and accessible to all. Her teaching is fun and lively, while gently helping to progress the poses further.

Email enquiries@iyyoga.com or enquire within the studio to book your place.



Iyengar Yoga Studio | Tooting | London



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